Running Board Installation Guide: BMW E70 X5 Running Board

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Buyer assumes any and all risk and liability from the installation and use of this product. Seller, author, or any of their affiliates assume no liability for injury, loss, incidental or consequential damages deriving from installation and/or use of this product.

Step 1: We still start with removing clips from the front and rear tire well. (1) You will remove the lowest clip from the front as show in Photo A. (2) Remove two lowest clips from the rear as shown in Photo B.

Step 2: In the front section (towards the front of the vehicle as noted in Photo C) there will be one 10mm screw that should be unscrewed. Please refer to Photo D to understand where the screw is located. The section circle in Photo D is concaved.
Step 3: After removing the front screw, we now need to remove the two 8mm screws located near the rear tire well as shown in Photo E. These screws will be located underneath the side skirt. Please refer to Photo F.

Step 4: Next, using pliers, remove the eight clips located underneath the side skirt as shown in Photo F. Carefully pinch the middle plastic section and pull firmly until the clip is removed from its socket. Photo G shows the locations of the eight clips.
Step 5: Carefully at both ends, peel back the trim marked in red in Photo H and Photo I to allow room for the side skirt to slip out from the trim. Pull the side skirt from the bottom section as shown in Photo H. Once it is free from the trim, work your way removing the rest of the side skirt starting from one side until it has been removed revealing the side skirt spine.

Step 6: Using a 9 1/16 socket, remove 10 bolts located along the spine similar as shown in Photo J.
Step 7: Once the factory spine has been removed, install the new spine. Using the 10 bolts without tightening the bolts, use the bolts to hold the spine in place. Once all bolts have be inserted, tighten all bolts.

Photo K

Step 8: Before you install the running board, you will find notches as showing circled in red in Photo K. You will need to slide the clear/white clips into the grooves located on the back of the running board and secure them in place.
Step 9: Carefully tuck the plastic trim on the top side of the running board underneath the doors until it sits between the car frame and door. Pull the trim near the tire well and tuck the trim behind. Align the clips on the running board against the vehicle and carefully press inwards and secure the clips.

Step 10: Looking underneath your vehicle near the front foot well, make sure the plastic guard sits over the running board plastic piece as shown in Photo M. The vehicle's plastic piece is noted in red and the running board sitting closer to the frame is marked in yellow. Re-screw the 10mm screw from Step 2, re-screw the 2 8mm screws from Step 3 and reinsert the clips in Step 4.
Step 11: Enjoy your newly installed running boards!

Before

After!!